



# SUMMER SKIN

The summertime can really affect the skin in multiple ways. Find out how to take care of the summer woes this sunny season.  
6 SUMMER SKIN TIPS TO KEEP YOUR SKIN IN SHAPE



## 1. Nourish with Vitamin C

During the summertime, it can be easy for the sun to deplete important nutrients like Vitamin C. Replenish, hydrate, and immediately rejuvenate from your skin the visible effects of environmental damage by using Vital C Hydrating Anti-Aging Serum. Highly potent antioxidants nourish the skin to create a healthy, youthful glow.

## 2. Protect with SPF

It is a no brainer that during hot summer days sun protection is highly recommended. Prevention+ Daily Ultra Sheer Spray SPF 45+ is perfect for a day out in the sun. The easy spray-on application makes it simple to use on highly exposed skin, for outside activities, and on kids!



## 3. Treat with Aloe Vera

Getting a sunburn is no fun but sometimes it happens even when we use sun protection. Treat a sunburn properly by incorporating Aloe Vera into the healing process. The Ormedic Balancing Anti-Oxidant Serum is infused with hydrating botanicals such as Japanese Green Tea and Aloe Vera to soothe, hydrate, and heal the skin.

## 4. Faking a Tan

Achieve a natural sunless tan without the damaging effects of the sun. Our Body Spa Face and Body Bronzer hydrates and moisturizes without streaking, or leaving an unpleasant smell.



## 5. Exfoliating with fruit enzymes

There are many benefits to exfoliating during the summertime. Our Vital C Hydrating Enzyme Masque will gently slough off the buildup of dull, dry skin, while nourishing with Vitamins A, C, & E to promote a healthier, more radiant glow. Exfoliation helps to provide a better application of products such as body bronzers, moisturizers, and sunscreen.

## 6. Protecting that Pout

It's the little things that count like that cute little pout. It can be very easy to forget about taking care of dry lips during the summer. Our Ormedic Balancing Lip Enhancement Complex is an ultra hydrating lip balm that enhances the appearance and volume of lip contours while keeping them hydrated all summer long!



## DID YOU KNOW?

VITAMIN C HAS MANY BENEFITS SUCH AS LIMITING THE DAMAGE ON THE SKIN WHEN EXPOSED TO THE SUN. IT ALSO INCREASES COLLAGEN PRODUCTION, REPAIRS ENVIRONMENTALLY DAMAGED SKIN, AND AIDS IN WOUND HEALING.